



FEB 2010 Week 1 Newsletter

The contents of your box this week will be made up of the following:

Name	Method	Source
Potatoes	No Spray	Faversham
Carrots	Organic	Wye
Cabbage	No Spray	Ash
Red Cabbage	No Spray	Ash
Sprouts	No Spray	Faversham
Celeriac	No Spray	Wingham
Apples		Maidstone

Well I am not sure about you, but I am fed up of hearing the morpheme (word ending – google is your friend) ‘est’. So far in 12 months I have had coldest, wettest, snowiest (struggling there), longest & deepest (snow or recession) come passed me and to be honest I have had enough. I don’t mind ‘est’ in itself, but why can’t we just have a bit of average for a change? Average rainfall and temperature would be quite nice; I’d be more than pleased with a bit of average growth or house price rise. I’m not asking for ‘sunniest’ or ‘driest’ or even ‘pew what a scorcher’, just a period of time were financially or weather-wise we don’t set any more records.

What we all need now and again is a good hearty average breakfast I reckon. In order to help you we have developed a breakfast box that comes out fortnightly or monthly that contains all you need for a full Kent breakfast as a treat. Not every week; well we do not want to be ‘biggest’ do we.....? You can find the full details on the website, but the box will contain eggs, bacon, sausages, beans etc etc, just right for that Saturday morning treat.

I have put some celeriac in the box this week that comes from our friend Jill at Wingham. She used to work for Dickie Ovenden at Ash,

