



# AUGUST 2009

## Week 2

### Box Contents

The contents of your box this week will be made up of some of the following:

| <b>Name</b>            | <b>Method</b> | <b>Source</b> |
|------------------------|---------------|---------------|
| New Potatoes           | Organic       | Wye           |
| Cabbage                | No Spray      | Cliffe        |
| Carrots                | NO Spray      | Ash           |
| Aubergine (not in sml) | No Spray      | Walmestone    |
| Toms                   | No Spray      | Walmestone    |
| Apples                 |               | Maidstone     |
| Blueberries            |               | Lenham        |
| Salad Bag(lrg only)    | Organic       | Wye           |