



## DEC 2009 Week 4 Christmas Newsletter

The contents of your box this week will be made up of the following:

<b>Name</b>	<b>Method</b>	<b>Source</b>
Potatoes	No Spray	Faversham
Carrots	No Spray	Ash
Parsnips	No Spray	Ash
Cauli	No Spray	Faverhsam/Ash
Sprout Stalk	No Spray	Ash

Firstly a quick sorry to all of you who had delays last week on your box...damn snow. I suppose we should be grateful it was not this week else we would have been really struggling!

I also want to say thanks to all of you who have supported the scheme this year and have bought you Christmas orders from us. We have had a difficult 18 months with the recession and the closure of Yalding Organic Gardens. It did, at times, feel like a nightmare and we are just about emerging from the gloom, so I do believe 2010 will be a better year for us. There were 2 things that really kept me going; firstly dealing with all of you and the feedback you have given us. Always helpful and much more often than not complimentary. We do try and enjoy what we are doing and we certainly have enjoyed some funny moments this past year. Secondly, the staff here. Again it has been a joy to work with everyone; even in difficult circumstances we have tried to keep things fun. Becca has particularly been a great support this year and I can always rely on her. That is a big bonus. Her greatest asset though is being a source of amusing stories for the newsletters. Priceless. I must tell the one about the glass eye and the bum crack at some point. Mmmm, maybe not

Below I have put some information about our Christmas suppliers for you to have a look at. I am sure you will finds that the produce you have

Vote for Us - <http://www.producedinkent.co.uk/TOKA/index.cgi>

is fantastic. If you really do enjoy the food, and are not a member of one of our box schemes then please think about joining? You can get this quality in every week and take out all the hassle of lugging your veg or meat home for the weekend. Worth a thought.

Finally it just remains for me to wish you a wonderful festive season, and I think the only advice I can give is to relax, indulge and enjoy. See you next year.

### FREE RANGE TURKEYS

Our turkey supplier is David Betts from Otham nr Maidstone. David's turkeys roam freely around his 50 acre farm in Otham and the meat is tasty and juicy.

The breeds that David has are Hollyberry which is a white turkey from Norfolk.

### LOCAL FREE RANGE MEAT

Our free range meat is from Park farm butchers in Hawkhurst, Kent.

The beef is Limousine beef which is a French breed of cattle. It is extremely lean beef and would have been hung for 21 days.

The farm qualifies for farm assurance under the Farm Assured British beef and lamb scheme and all livestock are fully traceable. All animals are grass fed.

### LOCAL VEG

Our main supplier this year is Dickie Oven den at Sandwich. Whilst not a formal organic grower, he uses only natural fertiliser and very little spray. His veg is not perfect, lumps and bumps and bites, but it is a fresh as it comes and tastes fantastic. Real veg as it use to be

The potatoes this year are Wilja from Mallards farm near Faversham, run by Alistair. These are, without doubt, the best roasters. Again only natural fertilisers and no spray mean a great product with no chemicals.

01622 861113 **Please return your bags & boxes!!!** [www.kentvegbox.co.uk](http://www.kentvegbox.co.uk)